

A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF PLACERVILLE DECLARING THE MONTH OF MAY, 2023, NATIONAL MENTAL HEALTH AWARENESS MONTH IN THE CITY OF PLACERVILLE

- **WHEREAS:** the month of May has been declared National Mental Health Awareness Month; and
- **WHEREAS:** according to the U.S. Surgeon General, mental health is fundamental to our health and indispensable to personal well-being, family, and interpersonal relationships; and
- **WHEREAS:** one in five Americans will face mental health challenges each year regardless of age, gender, race, ethnicity, religion, or economic status; and
- **WHEREAS:** there are widespread misunderstandings and discrimination concerning mental health that can be eliminated by recognizing that mental health challenges are real, common, and treatable; and
- **WHEREAS**: National Mental Health Awareness Month is a time for communities to acknowledge the importance of mental health and take action to ensure that individuals facing mental health challenges have access to the care, treatment, and prevention services they need:

NOW, THEREFORE, BE IT PROCLAIMED that the City Council of the City of Placerville does hereby proclaim the month of May, 2023, as "National Mental Health Awareness Month" in the City of Placerville.

Dated: May 9, 2023

Mayor Michael Saragosa

ATTEST:

Regina O'Connell, CPMC, City Clerk